



Human Resources
P.O. Box 400
Okmulgee, OK 74447

POSITION: Diabetes Exercise & Fitness Specialist-Okemah
VACANCY ANNOUNCEMENT: CN-19-191

STARTING SALARY: Negotiable
CLOSING DATE: Open Until Filled

The Muscogee (Creek) Nation Department of Health (MCNDH) provides comprehensive health care services to Native Americans living within the Muscogee (Creek) Nation. MCNDH is an integrated system of six health centers, an Express Care Clinic, two hospitals, a physical rehabilitation center and nine comprehensive community health programs Offering services across the lifespan including pediatrics, family medicine, nursing, dental, laboratory, radiology, pharmacy, behavioral health, emergency medical, audiology, nutrition, physical therapy and optometry.

DESCRIPTION OF ASSIGNMENT: The purpose of this position is to facilitate, develop and provide exercise prescriptions for physical activity participants, clients, patients, and tribal employees, and to develop fitness activities for citizens of the Muscogee (Creek) Nation in order to increase physical activity through exercise and communicate the importance of living an active and healthy lifestyle through physical activity and fitness within the Muscogee (Creek) Nation Health System service area.

REQUIREMENTS: Candidates must meet the following requirements:

A Bachelor's Degree in Exercise Physiology, Kinesiology, and/or Health & Exercise Science, Master's Degree in related field preferred. Health Promotion or related field is required. Three (3) years relevant experience in a related field A current personal trainer certification from a nationally recognized training certification program.

EVALUATION METHODS: Applicants who meet the requirements described above will be evaluated to determine the extent to which they possess or have the potential to acquire knowledge, skills, abilities and personal characteristics, (KSAP's) required of this position. Applicants should address the following KSAP's on a separate attachment to their application.

- a. Knowledge in exercise and activity and the role it plays in the prevention and treatment of diabetes.
 - b. Broad based knowledge of education principles as related to primary prevention in diabetes.
 - c. Knowledge in health promotion and diabetes prevention research and beginning skills in performing research in American Indian Communities
 - d. Knowledge of ADA, IHS Best Practices, MCNDH and Special Diabetes Program for Indians guidelines, regulations, policies and procedures as related to physical activity for care and prevention in diabetes.
 - e. Skill in communicating with community members of all ages and in a variety of community and tribal settings.
 - f. Knowledge of cultural competencies in the Native American Indians relevant to diabetes, prevention and treatment.
 - g. Participates in formal Cultural Training initially and annually thereafter.
 - h. Ability to coordinate, plan and schedule age-appropriate program activities within communities.
 - i. Ability to communicate courteously and effectively with patients and their families, medical and administrative staff, health care professionals, and the general public both orally and in writing.
 - j. Basic knowledge of data management including community assessment and collecting and reporting of pre-specified data related to program evaluation.
 - k. Ability to utilize a personal computer in a Windows environment.
 - l. Ability to maintain a confident professional demeanor.
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APPLICATION PROCEDURES: Apply online at [Department of Health Application](#). (Current employees must use a transfer request form available on the intranet home page under forms). The KSAP's as outlined in the Evaluation Methods section should be addressed, but are not required. For further information call Jeremy Smith at (918) 732-7828. The Department of Health is an Equal Opportunity Employer; however, Indian Preference will be applied in the case of equally qualified applicants.

Staffing Coordinator

Date